

Introducing Michael

Brief Intro

While you may recognise him from his earlier soiree on TV, you might not realise how multi-faceted Dr Michael Mol's career really is, which all started when he opted not to go for career counseling. That could well explain why today he's a medical doctor, an executive producer & presenter, a health tech-preneur and founder of Hello Doctor, a global speaker, author and most recently CEO of TruthTV...

Michael makes health simple to understand & practical to apply so that you can stop fretting about your well-being and start enjoying it - because, as he always says: "Life's so much better when you're healthy, and being healthy is so much easier than you think."

Ladies and Gentlemen, Dr Michael Mol.

Not-so-Brief Intro

While you may recognise him from his earlier soiree in TV, you might not realise how multi-faceted Dr Michael Mol's career really is, which all started when he opted not to go for career counseling. That could well explain why today he's a medical doctor, an executive producer & presenter, a health tech-preneur and founder of Hello Doctor, a global speaker, author and most recently CEO of TruthTV.

Michael is an Oxford Alumni, a South African Brand ambassador and has just authored his second book (due on shelves at the end of 2020), on the back of his first best-seller "Your Best Life"

Aside from all the hats he wears, he suffers from an insatiable thirst for adrenaline. He has sky-dived out of a hot-air balloon, run the bulls in Pamplona, scuba-dived under a frozen lake, wing walked on a bi-plane, surfed the great Zambezi white waters on a body board, flown to the edge of space in a Russian Mig and bungee jumped off the highest bridge in the world, backwards. As with most doctors, it's best to do what they say, not what they do!

Michael makes health simple to understand & practical to apply so that you can stop fretting about your well-being and start enjoying it - because, as he always says: "Life's so much better when you're healthy, and being healthy is so much easier than you think."

Ladies and Gentlemen, Dr Michael Mol.

Extremely-Brief Intro

Ladies and Gents, Michael.