# Better Me, Better Us, Better Workplace



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#### Featured in

Student Village 2017 #BeSomebody campaign Mzansi Insider | ANN7 | The Future of Leadership | Fox Life , 'I Remember Me' "The curious paradox is that when I accept myself as I am, then I can change". - C. Rogers

Improve individual and team performance and relationships by increasing EQ (emotional intelligence) and understanding the diversity of different personalities.

The Personal Feedback Report (PFR) provides a detailed behavioural reports with layers of depth drawn from the Five Lens Integrated Assessment Tool offering multidimensional feedback which enables individuals to understand self and others.

The PFR is available as a standard or premium report with the differences highlighted below.



## What's covered

#### • Self Acceptance • Directed Passion • Acceptance of Reality • Curiosity • Impact on Others Global Connection The Enneagram **Emotional Resilience** • 9 Styles • Self-efficacy • Emotional Stability • Flexibility **Energy Centres Social Drives** Intellectual • Survive • Emotional • Affiliate • Instinctual • Achieve • Transcend

**Personal Mastery**