



## Help Them Thrive: Boost Employee Engagement, Retention, and Well-Being

"Unintentionally Toxic" is a dynamic plaguing our teams and wreaking havoc on workplace performance. No leader intends to cultivate unhealthy work environments, yet here we are. Gallup's 2023 Global Workplace study revealed that engagement and employee well-being are the most critical problems to solve, and the way to fix both is by becoming even better leaders.

There's hope! High-performing leaders detoxify their workplaces through tactics that rehumanize themselves, their teams, and their company cultures. They simplify over-engineered experiences and embrace the humanity of those they lead and serve.

During this fun, inspirational, yet actionable experience, Melissa Majors examines research, stories, and best practices for mitigating unintentional toxicities and boosting engagement, high performance, and team happiness. Based on neuroscience, research, and common sense, she illuminates profound insights and simple tips you can immediately use to become an even better leader. This discussion is relevant for all leaders.

### Learner Outcomes:

- Articulate the case for rehumanized leadership in mitigating modern-day workplace challenges.
- Equipped with specific leadership tactics that can be used to overcome these issues.
- Ability to Access resources (infographics and pre-defined social posts) that can be used to continue the conversation with your network.

### Duration:

45 – 90 minute options available.

### Learning Experience:

Delivered as a keynote, concurrent session, or an engaging, brain-friendly workshop that incorporates lecture, group discussion, and individual reflection.