

SPIRIT OF OYA

KNOW YOUR PURPOSE

INCREASE PRODUCTIVITY

BE PROSPEROUS



OYA THOMAS, MA

CEO OF SPIRIT OF OYA

EXPERT SOUL-CENTERED KEYNOTE SPEAKER
MOTIVATIONAL, EDI, SPIRITUAL TALKS



SEPHORA



HOULIHAN LOKEY



MILKEN
INSTITUTE



NAACP



CLAREMONT
MCKENNA
COLLEGE



“Great energy, inspiration, and tools to be authentic and build our personal missions to really be effective in our jobs and our careers.”
- Kim E. Marriott International

“Dynamic Speaker! Everyone in the audience hung on every word she had to share!”
- Robert N., Garden Grove High School





HEALTHY, WHOLE
HARMONIOUS

OYA THOMAS

When everyone said she couldn't... Oya determined she would. And she did. From the early age of 3, she took the stage and understood the power of breathing joy and life into others.

Fast forward to today and she uses her background in music and education in psychology to captivate her audience and help them remember who they are so they can be happier, healthier, and ultimately achieve more in life.

Through her signature talks, she delivers practical strategies to help people build a loving relationship with themselves in order to get better results for their own fulfillment and those counting on them.





Oya Thomas is a successful entrepreneur and expert keynote speaker sought after by organizations, schools, and businesses across the country, as well as singer, and CEO of Spirit of Oya where she helps people amplify their voice and empower communities.

Oya is a life-long learner that got her start in entrepreneurship at the early age of 8 and started her first 6-figure business as a teenager. Now, she inspires others to change their mindset, develop their purpose, and find happiness.

Everyone left her workshop motivated and focused!

-Angie S., Oakwood Escrow

Oya was awesome for our corporate wellness event! Positive and full of energy! Charismatic, captivating and inspiring!

- Jill Y. Evolution hospitality

Oya was able to engage with a student that has had some challenges in the past 3 years due to his learning disabilities and emotional issues. With Oya he was able to stay engaged which is very difficult for him and by the end of the workshop in just 45 minutes he was able to state his goal for what he wants to do in life and learned what he could do to move forward.

- Caroline Synergy Quantum Academy



Oya completely engaged our students!

- Reina M. Synergy Quantum Academy

Thank you, Oya for helping me to figure out how to get to where I want to be, and for helping me to realize what things in my life have been stopping me from reaching my goals.

-Angela Ramsey, Actress, Writer and Teacher

Oya was amazing at our event -- so uplifting, motivational and real. I got compliments about her for days after the event. She is awesome and would be a great addition to any engagement you have."

- Kim W, Event Coordinator Younique Cosmetics

KEYNOTES AND TRAININGS

The time is now to live the life you deserve!

Keynote

Shine Like The Star YOU Are!
Soul-centered steps to being healthy, whole, and harmonious in order to be productive and prosperous in life and business.

EDI Training

Connect and Be Unified In Your Workplace

Mental Health

Mental Health Awareness and Suicide Prevention Workshop





"Inspiring and easy-to-grasp method to prompt goal setting and personal growth."
- KIRKUS BOOK REVIEW

"This book shows how the different areas in your life are all tied together, and it does so in a good way."
-Kim Anisi for READERS FAVORITE

"Real-life steps to find success while pursuing your dreams!"
-Thomas "Hitman" Hearn, professional boxer

A True paradigm shift! This book is simply amazing and has changed my way of thinking for the better.
-Amazon Review

This book has inspired me, and encouraged me, to pursue all of my dreams. It has helped me to identify the things that were holding me back in my life, and given me all the tools I need to overcome those obstacles.
-Amazon Review



BOOKS AND PROGRAMS

EXPERIENCE IN LIFE

Oya Thomas lights up audiences with vitalizing talks that encourage others to love themselves and feel re-energized to tackle the tasks they've been given. She sparks change in attendees that will help them be healthy and more productive.

DRIVING THE BOTTOM LINE

Oya has been called upon to teach workshops, trainings, and be the keynote speaker for all types of organizations from high schools and colleges to fortune 500 companies. Her talks and workshops address core issues being faced in the organization and produce real results and change.

SPARKING CHANGE

After starting and leading her first 6-figure business as a high school student, getting her education in psychology, and learning from her experience working with top names in the entertainment industry, Oya knows how to tailor her talks to address the audience's deepest needs. She provides individuals with the steps they need to take to manifest their dreams and live their life purpose.

LIVE LIFE

Oya's keynote talk, trainings, and workshops are perfect for high schools, colleges, women's organizations, health care, corporations, small companies, entrepreneurs, spiritual conferences, and more! They all have one thing in common - they want their students or employees to be happy and healthy.

Shine Like The Star YOU Are!

Soul-centered steps to being healthy, whole, and harmonious in order to be productive and prosperous in life and business.

Attendees Will Learn:

- ★ The value of knowing their mission, purpose and intentions.
- ★ The importance of a healthy MIND, BODY, SPIRIT, EMOTIONS, ENVIRONMENT connection.
- ★ How to be authentic, feel naturally energized and show up 100%.
- ★ How to Shine and give from a healthy overflow vs. feeling drained, tired and depleted.
- ★ How to revamp your mindset to manifest anything personally and professionally.

Connect and Be Unified in Your Workplace

EDI Training for Corporations, Groups, and Schools

Attendees Will Learn How To:

- ★ Value themselves and others as spiritual beings having a human experience.
- ★ Be in harmony with nurturing others respectfully while nurturing themselves.
- ★ Reconnect with their purpose and create a mission statement for their life.
- ★ Develop a positive mindset about relationships in order to operate for the highest good of all concerned.
- ★ Recognize that everyone matters and has a voice that should be heard.
- ★ Heal negative experiences, past offenses, wrongs, and racial hatred to operate in a healthy, peaceful and super productive environment.

Ending The Pain

Mental Health Awareness and Suicide Prevention Workshop

Attendees Will:

- ★ Learn how to end the pain through this life-changing program that is designed to give hope and ways to start living.
- ★ Leave the workshop with real tools and resources for themselves or those whom they know that experience thoughts of suicide.
- ★ Grow in awareness about depression, mental illness and suicidality through this powerful panel discussion from suicide prevention professionals and suicide survivors.
- ★ Realize that they are not alone and get healthy suggestions on healing, coping

Spirit of Oya Musical Keynote Experience

Immerse your audience in an electric and memorable, full production experience with The Spirit of Oya. Oya takes the stage with excitement and offers a fun, yet informative event that sparks change.

This soul-centered experience will captivate your audience and bring healing to their soul. She interweaves her message with beautiful, relevant music that will inspire and encourage everyone to listen.

The experience will transform people who once felt stagnant into vibrant, joyful people that will be inspired and have real tools and takeaways to show up to be the best version of themselves.



Inspirational Concert

Book the Spirit of Oya Experience for your event. This full concert experience will inspire and challenge your audience and give them something to remember.

Oya is a "soul-centered strategist", award-winning author, keynote speaker, and singer that brings her all-star band to take the audience through a journey where they look deep within themselves and come out on the other side feeling inspired to create positive change in their own life.

Bring a life-changing event to your organization that will motivate attendees through stories, songs, and powerful tools and takeaways to make real impact.





GET SOCIAL



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SCHEDULE A CALL

BOOK OYA