

RICARDO CABETE

EMOTIONAL INTELLIGENCE EXPERT

14 COUNTRIES • 4 CONTINENTS • +20K PEOPLE



BETTER LEADERS, HIGHER PROFITS.
Improve today's top Leadership skill: Emotional Intelligence

RICARDO'S EXPERIENCE

- ▶ **CEO and Founder of Emotion Talks®**
Emotional Intelligence Training
- ▶ **Team Management Experience**
Toastmasters International & Lyonesse AG
- ▶ **Rock Band Lead Singer**
Rocking the stage since 2002
- ▶ **Speaker in 14 Countries**
Includes UK, Canada, Brazil, Italy and UAE (Dubai)
- ▶ **Emotional Intelligence Certified Trainer**
EQ-i 2.0 International Certification
Postgraduate Degree in Emotional Intelligence
- ▶ **European Champion of Public Speaking**
Toastmasters International



CORPORATE COURSES

- ▶ **Emotional Intelligence**
The Soft Skills that Boost Profits
- ▶ **Emotionally Intelligent Communication**
The Communication Skills of High Performing Teams
- ▶ **Emotionally Intelligent Leadership**
The Leadership Skills of Effective Leaders

KEYNOTES

- ▶ **The Emotions Fire**
Emotional Intelligence Keynote
The Power of Emotions in High Performance Teams
- ▶ **Motiv/Action**
Motivational Keynote
Powerful Lasting Motivation for Leaders and Teams

All courses and keynotes are practical, interactive and have a science-based approach. Online or In-person.

HSBC

pwc

NOVARTIS

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Bapco

BNP PARIBAS

“Ricardo is a very empathetic and engaging speaker! He gave me practical tools to manage emotions in my professional environment. It was a motivating and enriching experience!”

Joana Côte Real
Medical Affairs Director @ Novartis

For Your Next Event Book Ricardo Cabete

ricardo.cabete@emotiontalks.com • +351 964 145 874 • www.emotiontalks.com